



HORSE DREAM INTERNATIONAL

**20th - 21st March 2018
ZEIDLERHOF, Germany**



HORSE ASSISTED EDUCATION PERSONAL AND PROFESSIONAL DEVELOPMENT

EAHAE Membership Qualifying

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SEMINAR DESCRIPTION

HorseDream Train The Trainer Seminar.

As a result of this seminar you should be able to know how to work with horses in personal and professional further education. You should also know the opportunities to work together with other seminar providers or members of the international HorseDream partners community.

This seminar should also reflect your own personality as a trainer. You will experience the exercise in a similar way your prospective clients will experience them. That means we will be working on two different levels: on a level of a learning participant and on a teaching level.

Questions and own ideas

This 2-day seminar is going to be an extensive experiential process with lots of background information. We will be leading you through our more than 16 years of seminar know-how. Almost every question will be answered during the program. Please note down every question or idea which might pop up in your mind. We will answer all open questions at the end of the seminar.

The manual

The manual contains all information we need during this program. Additionally you find some sheet of paper on a clip board which we would like to ask you to take with you into the riding arena. Further more, as a member of the EAHAE you can download concepts, presentations, slideshows and videos for your work.

Your rights as a HorseDream TTT seminar participant

- You are allowed to use the HorseDream concept for coachings, seminars and corporate trainings and adapt it to your personal needs.
- You are allowed to take all texts from the HorseDream websites.
- You are allowed to call yourself "Horse Assisted Educator based on the HorseDream® concept.
- You may apply for "Qualified EAHAE Membership" (190.00 euros per 12 months)

What is not allowed

- Using the pictures of our websites.
- Using the HorseDream logo.
- Teaching other trainers with our concept or provide other persons with these information.

CONTENT AND TIMETABLE

Tuesday

09:30 – 10:30	Introduction to the seminar programme.
10:45 – 12:15	Exercise 1: Observing and assessing Exercise 2: Face to face with horses Exercise 3: Leading and being led
12:30 – 13:00	Theory : Explanation model "Leading positions" HorseDream seminar philosophy
13:00 – 14:00	Lunch break
14:00 – 16:00	Exercise 4: Distance and nearness Exercise 5: Goal orientation
16:15	Theory and video reflection: Explanation model "Comfort zone" Explanation model "Horse and personality" Basics of our seminar theory

Wednesday

09:30 – 10:30	Theory : Education and training of the horses Safety aspects
10:45 – 11:45	Exercise 6: Leading from behind
12:00 – 12:30	Video reflection
12:30 – 13:00	Theoretical preparation of team exercise
13:00 – 14:00	Lunch Break
14:00 – 15:00	Exercise 7: Team orientation
15:15 – 15:45	Video reflection
16:00	Questions and answers Own ideas, next steps

LITERATURE: RECOMMENDATIONS

Klaus Ferdinand Hempfling:
Dancing with Horses, 2001

Mark Rashid:
Horses Never Lie. The Heart of Passive Leadership.
Spring Creek Press, 2001

Adele Rust McCormick and Marlene Deborah McCormick:
Horse Sense and the Human Heart.
Deerfield Beach, Florida 1997

Fred Kofman:
Conscious Business
CDs/Cassettes
Sounds True, 2002

Ken Wilber:
The Integral Vision
Boston and London, 2007