

# COACHING WITH HORSES

EAHAE  
Horse Research and Training  
HORSE DREAM®



*David Harris, UK*  
*Gerhard J. Krebs, Germany*

# *Coaching With Horses*

*EAHAE Post-conference Workshop*

*Monday, March 26, 2018, 9:30 - 17:00*

*HorseDream Zeidlerhof Oberbeisheim*

*Lichtenhagener Str. 8, D-34593 Knüllwald*

*In the coaching relationship, horses help us in our effort to work with trust, respect and understanding. This can help us to expand our awareness so our true creative, spirit can express itself.*

*Some topics that will be covered:*

- 1 Your creative self*
- 2 Confidence and self-esteem*
- 3 Setting and achieving goals*
- 4 Expanding the comfort-zone*
- 5 Overcoming obstacles*
- 6 Building good relationships*

*Feedback comes from three sources, namely horses, video and coach. Theory is kept to a minimum, but all results are related back to your every-day life and your professional world.*

**David Harris** is an internationally acclaimed speaker, trainer, facilitator and coach. David is also a life learner in congruent horsemanship. He lives in Windsor, England, with his wife, two children and seven horses. He is passionate about people and their amazing potential. David says "We are all stars, sometimes we need to learn to shine". He is the founder of Acorns2Oaks (A2O) together with his wife Sharon. The vision of A2O is for its clients to experience "Success on Your Terms", whatever success is.



**Price per person: 480 euros plus 19 % VAT**

*EAHAE members: 280 euros plus 19 % VAT*

*Viewers: 150 euros plus 19% VAT*

**Sign up: [www.eahae.org/coaching.html](http://www.eahae.org/coaching.html)**

**or email to: [coaching@eahae.org](mailto:coaching@eahae.org)**



**Gerhard J. Krebs** is an entrepreneur since 1983. He founded HorseDream together with his wife Karin in 1996 and EAHAE in 2004.

He says "In a horse, reality and vision are uniquely connected. Learning with a horse requires one hundred percent concentration, presence and awareness.

A horse is absolutely a real being. On the other hand, there has been a mythological connection with the horse for thousands of years; the horse itself is a legend, a dream, a vision. HorseDream unites reality and vision."